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# How To Be An All-Star Residency Match Applicant: From The First Year Of Medical School To Match Day. A MedEdits Guide.





## **Synopsis**

The competition to get a residency is fierce. In 2013, more than 34,000 residency applicants competed for only 26,392 positions. What can you do to make yourself a more competitive applicant? How To Be an All-Star Residency Match Applicant is a concise and straightforward guide which is perfect for the busy medical student and residency applicant. This book, chock-full of useful tips you can start using during your first year of medical school, aims to demystify the residency admissions process. In this book, you will find easy to follow answers to all of your questions: What should you do to distinguish yourself as a residency applicant How important are extracurricular activities? Which specialties are most competitive? How important are audition electives? Who should write your letters of reference? How do you approach the personal statement and application? How do you show interest in programs? And more.... Written by a former residency admissions officer who has helped hundreds of residency applicants, from a variety of backgrounds, match in to competitive residency programs and specialties, this guide will become an invaluable and go-to resource as you navigate the residency admissions process. Good luck!

#### **Book Information**

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#### Customer Reviews

This is a must read for anyone applying to residency. I am finishing up my 3rd year and wish I had read it in 1st or 2nd year. It gives excellent strategic advice (including getting exposure EARLY) and includes a great synopsis of the NRMP match data. It covers all of the important, stress-inducing components of the residency preparation and application process. This book will help you know

what questions to ask and how to best use your resources for success. Highly recommend.

Most American medical schools have great advising and truly care about how their students perform in the residency match. That being said, this book still serves as a solid tool for entering medical students wishing to get somewhat of a head start prior to matriculation. It allows you to really hone in on what you need to do and challenges you to be proactive in deciding your eventual specialty while building your CV accordingly. The most invaluable sources for residency advice are, of course, residency directors of programs you are interested in. But before you meet them, peruse this book and know what kind of questions you need to be cognizant of to make yourself stand out in the match.

I am going to be a medical student this coming year, and this book answers a lot of questions about residency and process of matching. It also gives great recommendations about the what, where, when, how to improve students' chance to match to specific specialties.

Most of the information regarding activities that you should engage in during your preclinical years was pretty straightfoward and obvious. I'm not a huge fan of the book.

Well written & am using as a guide. I am sure that my efforts will be well directed toward getting into my preferred residency.

I will be starting medical school this August and I wanted to have a way to help outline my time in medical school before I start. This book gives some great tips and I will certainly be keeping it by my side throughout school!

good

It a pretty Good Read!!! Very Helpful tips to utilize

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